

Khopra Danda Trekking

TRIP OVERVIEW

Khopra Danda Trekking is a hidden gem in the Annapurna region, offering breathtaking Himalayan panoramas, peaceful trails, and cultural immersion without the heavy foot traffic of popular routes like Annapurna Base Camp or Ghorepani Poon Hill. Situated at 3,660m, Khopra Ridge (Khopra Danda) is a stunning viewpoint that showcases some of Nepal's finest mountain scenery, making it an excellent alternative for trekkers who want both adventure and tranquility.

Nature and Landscapes

The trail meanders through terraced fields, dense oak and rhododendron forests, and traditional villages before ascending to alpine ridges with sweeping views. From Khopra Danda, trekkers are rewarded with spectacular vistas of Dhaulagiri (8,167m), Annapurna I, Nilgiri, Hiunchuli, and Machhapuchhre (Fishtail). A highlight of the trek is the side trip to Khopra Lake (Khayer Lake, 4,600m), a sacred alpine lake set against a backdrop of dramatic peaks. The route is also rich in biodiversity, with chances to spot Himalayan monals, musk deer, and other highland wildlife.

Trekking Challenges and Rewards

This trek is graded moderate, usually taking 7–10 days, depending on the starting point. The trails are well-marked, with gradual ascents and occasional steep climbs. Unlike busier routes, Khopra Danda remains quiet and peaceful, providing a more intimate connection with nature. Teahouses along the way offer simple yet warm hospitality, ensuring comfort while keeping the authentic trekking experience intact.

Best Seasons to Visit

The best times to trek are spring (March–May), when rhododendron forests burst into color, and autumn (September–November), when skies are crystal-clear and mountains are at their most visible. Winter is possible but much colder, while monsoon trails can be muddy and less enjoyable.

Cultural Significance

The trek passes through Gurung and Magar villages, where traditions, festivals, and local lifestyles remain deeply rooted. Visiting Khayer Lake also adds a spiritual dimension, as it is a pilgrimage site for local communities who worship the goddess of fertility and prosperity.

Highlights of the Trek:

- Panoramic views from Khopra Ridge (3,660m).
- Sacred alpine journey to Khayer Lake (4,600m).
- Close-up vistas of Dhaulagiri, Annapurna I, and Machhapuchhre.
- Vibrant rhododendron forests in spring.
- Cultural encounters with Gurung and Magar communities.

TRIP DETAILED ITINERARY

- **Day 1**

Arrive in Kathmandu, We will warmly welcome you at the airport and transfer to your hotel for check in, followed by a refreshing welcome drink.

We will be waiting to welcome you at **Tribhuvan International Airport, Kathmandu**, where you will be greeted with a traditional **Nepali flower garland** to mark your arrival. After the warm welcome, we will drive you to your hotel—approximately **30 minutes during the day** and **20 minutes at night**.

Upon reaching **Hotel**, you will be offered **welcome drinks and biscuits**, followed by the **settlement of your rooms**. Once settled, please join us back in the **lobby or meeting hall** for a **briefing** about your trekking including an introduction to your **trekking guide** and other relevant details.

After the briefing, you will have the opportunity to **check your trekking equipment** with your guide, and we will also **explain the trip**.



Difficulty

Easy



Meals

Welcome dinner at culture home



Max altitude

1350m



Accommodation

Hotel

- **Day 2**

Short tours and Trekking Preparation Day in Kathmandu.

After breakfast at the hotel, You will have time to **explore Kathmandu's cultural heritage sites**, such as **Kathmandu Durbar Square**, **Swayambhunath (Monkey Temple)**, or **Boudhanath Stupa**, and you will have the day to **prepare for your trek**.

Our team will assist you in checking your gear and ensuring you have all the necessary equipment for the journey ahead. If you need to buy or rent any trekking gear, we will guide you to the best shops in **Thamel**, where you can find quality items at reasonable prices.

In the evening, your trekking guide will conduct a **final briefing** about the trek, including route details, safety measures, and expected weather conditions. Overnight stay at a hotel in Kathmandu.



Difficulty

Easy



Max altitude

1350m.



Accommodation

Hotel



Meals

Breakfast

- **Day 3**

Kathmandu – Drive to Pokhara 5 - 6 hours

After an early breakfast in Kathmandu, the journey to **Pokhara** begins with a scenic drive of approximately **5–6 hours**. The route winds through the **Trishuli and Marshyangdi river valleys**, offering travelers picturesque views of terraced fields, cascading waterfalls, and traditional villages along the way. As you ascend and descend through the hilly landscapes, the scenery gradually shifts from the bustling cityscape of Kathmandu to the lush greenery and serene lakeside environment of Pokhara. Upon arrival, trekkers can enjoy the **calm ambiance of Phewa Lake**, explore the vibrant **Lakeside area**, or relax at their hotel, preparing for the start of the Khopra Danda Trek the following day.

Highlights of the Day:

- Scenic drive through the **Trishuli and Marshyangdi river valleys**.
- Panoramic views of terraced fields, waterfalls, and Himalayan foothills.
- Arrival at **Pokhara**, the gateway to the Annapurna region.

- Opportunity to explore **Phewa Lake** and the vibrant **Lakeside area**.
- Relax and acclimatize before the trekking adventure begins.



Difficulty

Easy



Max altitude

820m.



Accommodation

Hotel



Meals

Breakfast - Lunch - Dinner

• Day 4

Pokhara – Drive to Nayapul and Trek to Hile 5 – 6 hours

After an early breakfast in Pokhara, you will drive approximately **1–1.5 hours** to **Nayapul**, the starting point of the Khopra Danda Trek. From Nayapul, the trail begins with a gentle ascent through **lush subtropical forests, terraced fields, and small riverside villages**. The path winds past traditional houses and quaint settlements, giving trekkers their first glimpse of **rural Himalayan life**. After a few hours of trekking, you will reach **Hile (1,450 m)**, a small village nestled in the hills, where you will stay overnight in a cozy teahouse. The hike is relatively easy, making it perfect for **acclimatization and getting used to the trekking trails**.

Highlights of the Day:

- Scenic drive from **Pokhara to Nayapul**, the trekking starting point.
- Trek through **subtropical forests, terraced fields, and riverside villages**.
- First experience of **traditional Himalayan village life**.
- Arrival at **Hile (1,450 m)** for an overnight stay.
- Gentle trail ideal for **acclimatization and starting the trek comfortably**.



Difficulty

Easy

**Meals**

Breakfast - Lunch - Dinner

**Max altitude**

1450m.

**Accommodation**

Lodge - Teahouse

- **Day 5**

Hile – Ghorepani 4 - 5 hours

After breakfast , From Hile, the trail begins to ascend gradually through **lush rhododendron and oak forests**, offering trekkers the first real taste of the Annapurna region's natural beauty. The path winds past charming villages, terraced fields, and local farms, giving a glimpse into the **traditional lifestyle of the Gurung and Magar communities**. Along the way, trekkers are rewarded with occasional **panoramic views of the Annapurna and Dhaulagiri ranges**, creating memorable photo opportunities. After 5–6 hours of trekking, you will reach **Ghorepani (2,874 m)**, a picturesque village famous for its sunrise viewpoint, teahouses, and serene mountain surroundings. Ghorepani is the perfect place to rest and enjoy the peaceful alpine environment.

Highlights of the Day:

- Trek through **rhododendron and oak forests** with scenic landscapes.
- Panoramic views of **Annapurna and Dhaulagiri ranges**.
- Experience **Gurung and Magar village life** along the trail.
- Arrival at **Ghorepani (2,874 m)**, famous for its mountain vistas.
- Ideal overnight stop with cozy teahouses and peaceful surroundings.

**Difficulty**

Moderate

**Max altitude**

2874m.

**Accommodation**

Lodge - Teahouse

Meals

Breakfast - Lunch - Dinner

- **Day 6**

Ghorepani to Poon Hill Viewpoint – Swanta Village 5 – 6 hours

Today's trek begins early with a short hike from **Ghorepani to Poon Hill (3,210 m)**, one of the most famous viewpoints in the Annapurna region. Trekkers are rewarded with a **breathtaking sunrise panorama** over the **Annapurna, Dhaulagiri, Machhapuchhre, and Nilgiri peaks**, making it an unforgettable photographic experience. After soaking in the views, the trail descends gently through **lush rhododendron and oak forests**, terraced fields, and small villages, leading to the peaceful settlement of **Swanta Village**, where you will stay overnight. The route offers a combination of **majestic mountain vistas and authentic village life**, giving trekkers a perfect blend of adventure and cultural experience.

Highlights of the Day:

- Early morning hike to **Poon Hill (3,210 m)** for a stunning sunrise view.
- Panoramic vistas of **Annapurna, Dhaulagiri, Machhapuchhre, and Nilgiri peaks**.
- Trek through **rhododendron and oak forests**.
- Observe **traditional village life** along the trail.
- Overnight stay in the quiet village of **Swanta**.



Difficulty

Moderate



Max altitude

3210m.



Accommodation

Lodge - Teahouse



Meals

Breakfast - Lunch - Dinner

- **Day 7**

Swata Village – Sistibung 3 - 4 hours

Leaving **Swata Village**, the trail ascends gradually through **lush forests of rhododendron and oak**, offering trekkers a peaceful and scenic journey. The path winds past terraced fields, small streams, and traditional **Gurung and Magar settlements**, providing an authentic glimpse into rural Himalayan life. Along the way, trekkers are treated to **stunning views of the Annapurna and Dhaulagiri ranges**, with occasional clearings perfect for photography. After 3–4 hours of trekking, you will arrive at **Sistibung (2,800 m)**, a tranquil village with cozy teahouses, where you can rest and enjoy the serene alpine environment in preparation for the ascent to Khopra Danda.

Highlights of the Day:

- Trek through **rhododendron and oak forests** with scenic landscapes.
- Panoramic views of **Annapurna and Dhaulagiri peaks**.
- Experience **Gurung and Magar village life** along the trail.
- Peaceful overnight stay in **Sistibung (2,800 m)**.
- Preparation and acclimatization for the next day's climb to Khopra Danda.



Difficulty

Moderate



Max altitude

2800m.



Accommodation

Lodge - Teahouse



Meals

Breakfast - Lunch - Dinner

• Day 8

Sistibung – Khopra dada 2 - 3 hours

From **Sistibung**, the trail climbs steadily through **lush rhododendron and oak forests**, gradually opening up to the panoramic ridges of **Khopra Danda (3,660 m)**. Trekkers are rewarded with **stunning 360-degree views of the Annapurna, Dhaulagiri, Machhapuchhre (Fishtail), and Nilgiri ranges**, making it one of the most spectacular

viewpoints in the Annapurna region. The ridge also offers a serene environment for **sunrise and sunset photography**, and the peaceful surroundings create a perfect atmosphere to soak in the natural beauty. After arriving at Khopra Danda, trekkers can explore the area, enjoy the breathtaking vistas, and spend the night in a cozy **community-managed lodge**, experiencing the quiet Himalayan atmosphere.

Highlights of the Day:

- Trek through **rhododendron and oak forests** with panoramic landscapes.
- Reach **Khopra Danda (3,660 m)**, one of the best viewpoints in Annapurna.
- 360-degree views of **Annapurna, Dhaulagiri, Machhapuchhre, and Nilgiri peaks**.
- Ideal spot for **sunrise and sunset photography**.
- Overnight stay in a **community-managed lodge** with stunning mountain vistas.



Difficulty

Moderate



Max altitude

3660m.



Accommodation

Lodge - Teahouse



Meals

Breakfast - Lunch - Dinner

• Day 9

Khopra dada – Dobato 4 - 5 hours

After soaking in the spectacular vistas at **Khopra Danda (3,660 m)**, the trail descends gradually through **lush alpine forests, terraced fields, and small mountain streams** toward **Dobato (3,120 m)**. Along the way, trekkers enjoy **breathtaking views of the Annapurna and Dhaulagiri ranges** from various vantage points. The path passes through traditional **Gurung and Magar villages**, giving a glimpse of local Himalayan life and culture. Upon reaching **Dobato**, you can relax at the teahouses and enjoy the serene atmosphere, preparing for the descent to lower villages the following day.

Highlights of the Day:

- Descend through **alpine forests and terraced landscapes**.
- Panoramic mountain views of **Annapurna and Dhaulagiri**.
- Explore **traditional Gurung and Magar villages** along the trail.
- Overnight stay in **Dobato (3,120 m)** with peaceful surroundings.
- Opportunity to rest and acclimatize before continuing the trek.



Difficulty

Moderate



Max altitude

3120m.



Accommodation

Lodge - Teahouse



Meals

Breakfast - Lunch - Dinner

• Day 10

Dobato – Tadapani 4 - 5 hours

After breakfast, Leaving **Dobato (3,120 m)**, the trail descends through **lush rhododendron and oak forests**, offering trekkers a peaceful walk surrounded by the natural beauty of the Annapurna region. The path passes by small streams, terraced fields, and traditional **Gurung and Magar villages**, allowing you to experience the local culture and lifestyle. Along the way, trekkers are treated to **panoramic views of Annapurna, Dhaulagiri, and Machhapuchhre (Fishtail) peaks**, making the journey visually rewarding. After 4–5 hours of trekking, you arrive at **Tadapani (2,630 m)**, a quaint village known for its serene environment and cozy teahouses, providing a perfect spot to rest and enjoy the alpine surroundings.

Highlights of the Day:

- Descend through **rhododendron and oak forests** with stunning scenery.
- Panoramic mountain views of **Annapurna, Dhaulagiri, and Machhapuchhre**.
- Experience traditional **Gurung and Magar village life**.

- Overnight stay in **Tadapani (2,630 m)** with comfortable teahouses.
- Peaceful environment for rest and reflection on the trek.



Difficulty

Moderate



Max altitude

2630m.



Accommodation

Lodge - Teahouse



Meals

Breakfast - Lunch - Dinner

• Day 11

Tadapani – Ghandruk 4 - 5 hours and drive to Pokhara 2 hour

The final day of trekking begins with a descent from **Tadapani (2,630 m)** through **lush forests, terraced fields, and traditional villages**, offering scenic views of the **Annapurna and Machhapuchhre (Fishtail) ranges** along the way. The trail gradually leads to **Ghandruk (1,940 m)**, a charming Gurung village known for its traditional stone houses, local culture, and picturesque surroundings. After enjoying **lunch in Ghandruk**, you will drive back to **Pokhara (approximately 1.5–2 hours)**, the gateway to the Annapurna region. Upon arrival, trekkers can relax at their hotels, stroll along the **Lakeside area**, or enjoy the serene views of **Phewa Lake**, celebrating the successful completion of the **Khopra Danda Trek**.

Highlights of the Day:

- Descend through **forests, terraced fields, and traditional villages**.
- Panoramic views of **Annapurna and Machhapuchhre (Fishtail) peaks**.
- Explore **Ghandruk**, a cultural Gurung village.
- Lunch in **Ghandruk** and drive back to **Pokhara**.
- Relax and celebrate the completion of the trek in **Pokhara Lakeside**.



Difficulty

Easy



Meals

Breakfast - Lunch - Dinner



Max altitude

1940m.



Accommodation

Hotel

• Day 12

Pokhara Sightseeing Tour

After completing the Khopra Danda Trek, enjoy a **relaxing day exploring the beautiful city of Pokhara**. Start with a visit to **Phewa Lake**, where you can enjoy **boating** while soaking in reflections of the **Annapurna and Machhapuchhre (Fishtail) peaks**. Explore the **World Peace Pagoda**, perched on a hilltop, offering panoramic views of the city and surrounding mountains. Other highlights include **Devi's Fall, Gupteshwor Cave, and Bindhyabasini Temple**, which showcase the region's natural beauty and cultural heritage. Stroll through the vibrant **Lakeside area**, full of cafes, shops, and local handicrafts, enjoying a leisurely end to your trekking adventure. This day offers the perfect blend of **relaxation, sightseeing, and cultural exploration** before your return to Kathmandu or onward destinations.

Highlights of the Day:

- Boating at **Phewa Lake** with views of **Annapurna and Machhapuchhre**.
- Visit the **World Peace Pagoda** for panoramic mountain vistas.
- Explore **Devi's Fall, Gupteshwor Cave, and Bindhyabasini Temple**.
- Walk through **Lakeside area** with cafes, shops, and local crafts.
- Relaxation and cultural immersion after the trek.



Difficulty

Easy



Max altitude

820m.



Accommodation

Hotel



Meals

Breakfast - Lunch

- **Day 13**

Pokhara – Flight to Kathmandu 30 min

After a relaxing day in Pokhara, the trek concludes with a **short scenic flight back to Kathmandu**, taking approximately **30 minutes**. From the air, travelers enjoy **stunning aerial views of the Annapurna and Dhaulagiri ranges**, glacial valleys, and lush Himalayan foothills. Upon arrival in **Kathmandu**, you will be transferred to your hotel, where you can **unwind, shop for souvenirs, or explore the city's cultural landmarks**, reflecting on the unforgettable journey through the Annapurna region. This final day provides a **comfortable and smooth conclusion** to the Khopra Danda Trek, allowing trekkers to celebrate their adventure and cherish memories of Nepal's majestic mountains and rich culture.

Highlights of the Day:

- **Scenic 30-minute flight** from Pokhara to Kathmandu.
- Aerial views of **Annapurna and Dhaulagiri ranges**.
- Arrival in **Kathmandu**, the vibrant capital of Nepal.
- Opportunity for **shopping or sightseeing** in Kathmandu.
- Comfortable conclusion of the **Khopra Danda Trekking adventure**.



Difficulty

Easy



Max altitude

1350m.



Accommodation

Hotel



Meals

Breakfast

- **Day 14**

Departure from Kathmandu to your destination.

After an unforgettable trekking adventure in the **Annapurna region**, today marks your departure from **Kathmandu** to your onward destinations. Depending on your flight schedule, you may have some free time to **explore Kathmandu, shop for souvenirs, or visit cultural landmarks** such as **Pashupatinath Temple, Boudhanath Stupa, or the Thamel area**. Airport transfers will be arranged for a **smooth and comfortable journey**. This day offers a reflective closure to your **Khopra Danda Trek**, giving you the opportunity to cherish memories of **majestic Himalayan views, cultural encounters, and the adventure you just completed**.

Highlights of the Day:

- Departure from **Kathmandu to your onward destination**.
- Optional sightseeing or shopping in **Kathmandu**.
- Reflect on the unforgettable trekking experience.
- Smooth airport transfer and comfortable journey home.
- Closure of the **Khopra Danda Trekking adventure**.



Difficulty
Easy



Meals
Breakfast

TRIP EXPENSE

TRIP COST INCLUDED

- Airport pick up and transfer to hotel.
- All accommodation is in Kathmandu, Pokhara and Trekking.
- Full board meals during the trekking such as : Breakfast, Lunch and Dinner.
- Properly 3 time tea and coffee whatever hot drink are available

- Domestic flight ticket from Kathmandu to Pokhara to Kathmandu.
- Experience professional guide and porters.
- Full support crew with 1 porter for every 2 trekkers.
- Trekking maps and notebooks.
- All trekking permit whatever needed
- All transportation with AC deluxe from the starting to ending points of the trip
- National park entry fee and TIMS card or trekking permit whatever needed.
- Down Sleeping bag -20, and must be returned after completion of trek.
- First Aid Kit for staff and Oxygen for in case
- All taxes as necessities by Nepal government.
- Trekking achievement certificate after completed the Treks.

TRIP COST NOT INCLUDED

- All international flight tickets, Travel insurance and Nepal entry visa fees
- Lunch and dinner in Kathmandu.
- All hard drinks such as : Mineral water, whisky, rum, cola, fanta, etc.
- Personal equipment
- Personal expenses like hot shower and battery charge / wifi.
- Extra entrance fees such as Museum, Monastery, Temple, Boating, etc.
- Extra night hotel in Kathmandu if arriving late or early departure than scheduled itinerary.
- Any emergency rescue evacuation and extra cost offering from unfavorable.
- Personal tips for trekking staff.